

October 2025

Fabius-Pompey CSD

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6

Chicken Nuggets w/
Dipping Sauce
Potato Gems
Cucumber Slices w/
Dip
Fresh Fruit and Milk

7

Walking Taco w/
Lettuce, Cheese &
Sour Cream
Seasoned Corn
Refried Beans
Fresh fruit and Milk

8

Pizza Crunchers w/
Marinara Sauce
Steamed Carrot Coins
Fresh Fruit and Milk

9

Homemade Pizza
Tossed Salad w/
Dressing
Fresh Fruit and Milk

10

French Toast
Sticks
Sausage Patty
Hash browns
Fresh Fruit and
Milk

13

Columbus &
Indigenous People's
Day

No School

14

Mini Pizza Bagel Bites
Tossed Salad w/
Dressing
Fresh Fruit and Milk

15

Crispy Baked Chicken
Drumstick
Mashed Potatoes w/
Gravy
Steamed Carrots
Fresh Fruit and Milk

16

Stuffed Crust Pizza
Tossed Salad w/
Dressing
Fresh Fruit and Milk

17

Turkey and Cheese
Croissant
Pasta Salad
Fresh Fruit and Milk

20

Lasagna Rollups
Garlic Bread
Tossed Salad w/
Dressing
Fresh Fruit and Milk

21

Chicken Fajita Bowl
Shredded Lettuce,
Peppers, Salsa, Sour
cream, Cheese and
Rice
Refried Beans

22

BBQ Rib Sandwich
French Fries
Baked Beans
Fresh Fruit and Milk

23

Homemade Pizza
Tossed Salad w/
Dressing
Steamed Broccoli
Fresh Fruit and Milk

24

Bacon
Cheeseburger on a
bun
Lettuce, Tomato
French Fries
Fruit and Milk

27

Pizza Crunchers w/
Marinara Sauce
Tossed Salad w/
Dressing
Fresh Fruit and Milk

28

Mini Pancakes w/
Chicken Sausage
Hash Brown Rounds
Fresh Fruit and Milk

29

Mini Corn Dog Bites
BBQ Baked Beans
Fresh Fruit and Milk

30

French Bread Pizza
Steamed Broccoli
Fresh Fruit and Milk

31

Toasted Cheese
Sandwich
Tomato Soup
w/ Goldfish Crackers
Fresh Fruit and Milk
Halloween Treat

Second Choice

Monday- Hot Dog on Bun
Tuesday- Chicken Patty on
Bun
Wednesday- Hamburger
on Bun
Thursday-Popcorn Chicken
Friday-Chicken Tenders

Daily: The yogurt meal and
UnCrustable Sandwiches

Breakfast and lunch are
free for all students.

Menu subject to change

*Fabius Pompey is an equal
opportunity employer and
provider*

School Info

Assorted fruit choices
available daily