

BREAKFAST MENU FOR
MARCH 2024
(subject to change)
Grades PreK-12 \$1.55

Monday - French toast or bagel with cream cheese.

Tuesday - Bagel with cream cheese and sausage.

Wednesday - Breakfast pizza or bagel with cream cheese.

Thursday - Pancakes and sausage (ES) or bagel with cream cheese and sausage.

Friday - English muffin with egg and ham or sausage and cheese or bagel with cream cheese.

Cereal, toast, fresh fruit and yogurt are available daily at ES and MS-HS.

All breakfasts include milk and juice. Students must take a fruit or vegetable.

LUNCH

Sandwiches available daily:
Peanut butter and jelly, tuna, ham, turkey, cheese and egg salad (subject to change)

Salad bar available daily at MS-HS
Hummus or legumes

Fresh fruit, vegetables and milk are available with lunch daily at the ES and MS-HS.

Gluten-free options are available daily.

LUNCH MENU FOR MARCH 2024
(subject to change)
Grades PreK-5 \$2.75 / Grades 6-12 \$2.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk 75¢ Snacks 75¢ Ice Cream 75¢				1 Grilled cheese sandwich Tomato soup Fruit and milk
4 Beef rotini with Texas toast Tossed salad Fruit and milk	5 Soft taco Lettuce and cheese Refried beans Seasoned corn Fruit and milk	6 Popcorn chicken Sweet potato fries Fruit and milk	7 Pizza Tossed salad Fruit and milk	8 Fish sticks Waffle fries Fruit and milk
11Popcorn chicken (ES) Mashed potato bowl with gravy and corn Fruit and milk Falcon Bowl (MS-HS)	12 Pizza crunchers Marinara sauce Baby carrots with dip Fruit and milk	13 Hot dog Chili cheese dog Tossed salad Baked beans Fruit and milk	14 Pizza Tossed salad Fruit and milk	15 Mac and cheese Garlic breadstick Broccoli Fruit and milk
18 Cheeseburger on bun Green beans Fruit and milk	19 Chicken and waffles Broccoli Hash brown Fruit and milk	20 Popcorn chicken Roll and dipping sauce BBQ baked beans Fruit and milk	21 Pizza Tossed salad Fruit and milk	22 Fish sandwich Sweet potato wedges Fruit and milk
25 Chicken Parmesan Broccoli Fruit and milk	26 Walking taco Lettuce, cheese, salsa Seasoned corn Refried beans Fruit and milk	27 Hamburger on bun Smiley fries Fruit and milk	28 Pizza Tossed salad Fruit and milk	29 Good Friday No School

For a complete meal, you must take a minimum of three items. One item must be a fruit or vegetable.

Mrs. Marion Carr, Cafeteria Manager, can be reached at (315) 683-5327 or mcarr@fabiuspompey.org.



STUDENT CHARGES

The District offers a variety of healthy, economical meals for all students. It is understood that there are times when a student will forget lunch money. If a student has a balance of three charges, parents will be contacted. Long-term circumstances can be addressed through the Free and Reduced Price School Meals/Milk program or a confidential meeting with a District administrator. If a student needs to charge, arrangements can be made through the cafeteria manager or a District administrator.

ONLINE PAYMENT FOR LUNCH ACCOUNTS

Payments for lunch accounts can be made online at myschoolbucks.com. A student ID number is necessary to make a payment and can be obtained from the cafeteria.

District Phone Numbers

Bus Garage (315) 683-5278

Committee on Special Education (315) 683-5465

District/Business Office..... (315) 683-5301

District Office Fax (315) 683-5827

Elementary School Fax (315) 683-5680

Elementary School Nurse..... (315) 683-5197

Elementary School Office (315) 683-5857

Middle School-High School Cafeteria..... (315) 683-5327

Middle School-High School Fax (315) 683-5569

Middle School-High School Guidance Office..... (315) 683-5460

Middle School-High School Nurse..... (315) 683-5214

Middle School-High School Office (315) 683-5811