

BREAKFAST MENU FOR
APRIL 2024
(subject to change)
Grades PreK-12 \$1.55

Monday - French toast or bagel with cream cheese.

Tuesday - Bagel with cream cheese and sausage.

Wednesday - Breakfast pizza or bagel with cream cheese.

Thursday - Pancakes and sausage (ES) or bagel with cream cheese and sausage.

Friday - English muffin with egg and ham or sausage and cheese or bagel with cream cheese.

Cereal, toast, fresh fruit and yogurt are available daily at ES and MS-HS.

All breakfasts include milk and juice. Students must take a fruit or vegetable.

LUNCH






Sandwiches available daily:
Peanut butter and jelly, tuna, ham, turkey, cheese and egg salad (subject to change)

Salad bar available daily at MS-HS
Hummus or legumes

Fresh fruit, vegetables and milk are available with lunch daily at the ES and MS-HS.

Gluten-free options are available daily.

LUNCH MENU FOR APRIL 2024
(subject to change)
Grades PreK-5 \$2.75 / Grades 6-12 \$2.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheese ravioli Texas toast Tossed salad Fruit and milk	2 Brunch for Lunch French toast sticks Syrup Sausage Hashbrown Fruit and milk	3Deluxe cheeseburger or hamburger Whole grain bun Baked beans Fruit and milk	4 Pizza Tossed salad Fruit and milk	5 Homemade Mac and cheese Roll Broccoli Fruit and milk
8 Staff Development Day No School Solar Eclipse	9 Walking taco Refried beans Fruit and milk	10 Chicken patty on bun Corn Fruit and milk	11 Pizza Tossed salad Fruit and milk	12 Tomato soup Grilled cheese sandwich Fruit and milk
15 Pizza crunchers Marinara Fruit and milk	16 Brunch for Lunch French toast sticks Syrup Sausage Hashbrown Fruit and milk	17 Chicken gyro Tzatziki sauce Potato wedges Fruit and milk	18 Individual pizza Tossed salad Fruit and milk	19 Chicken nuggets Broccoli Fruit and milk
22 	23 	24 	25 	26 
29 Mini chicken corn dogs Green beans Fruit and milk	30 Cheeseburger or Hamburger on bun French fries Fruit and milk			Milk 75¢ Snacks 75¢ Ice Cream 75¢

For a complete meal, you must take a minimum of three items. One item must be a fruit or vegetable.

Mrs. Marion Carr, Cook Manager, can be reached at (315) 683-5327 or mcarr@fabiuspompey.org.

STUDENT CHARGES

The District offers a variety of healthy, economical meals for all students. It is understood that there are times when a student will forget lunch money. If a student has a balance of three charges, parents will be contacted. Long-term circumstances can be addressed through the Free and Reduced Price School Meals/Milk program or a confidential meeting with a District administrator. If a student needs to charge, arrangements can be made through the cafeteria manager or a District administrator.

ONLINE PAYMENT FOR LUNCH ACCOUNTS

Payments for lunch accounts can be made online at myschoolbucks.com. A student ID number is necessary to make a payment and can be obtained from the cafeteria.

DISTRICT PHONE NUMBERS

Bus Garage..... (315) 683-5278
Committee on Special Education..... (315) 683-5465
District/Business Office (315) 683-5301
District Office Fax..... (315) 683-5827
Elementary School Fax..... (315) 683-5680
Elementary School Nurse (315) 683-5197
Elementary School Office (315) 683-5857
Middle School-High School Cafeteria (315) 683-5327
Middle School-High School Fax..... (315) 683-5569
Middle School-High School Guidance Office.. (315) 683-5460
Middle School-High School Nurse (315) 683-5214
Middle School-High School Office (315) 683-5811